

# LEGACY PAIN AND SPINE SPECIALISTS

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## **Nerve Conduction Study Patient Instructions**

### **Lower extremities:**

1. Ensure feet and legs are clean and dry.
2. Do not apply lotion or oil on the day of your nerve conduction study.
3. Wear loose clothing that can be pushed 2 inches above knees.

### **Upper extremities:**

1. Ensure arms and hands are clean and dry.
2. Do not apply lotion or oil on the day of your nerve conduction study.
3. Remove all rings, bracelets and watches before your nerve conduction study.
4. Wear loose clothing that can be pushed 2 inches above elbows.

If you are unable to keep your appointment, please give 24 hours' notice to cancel. A no show fee may apply.